

BEHAVIOR MODIFICATION

Behavior Modification is a process by which behaviors are modified or changed via the use of positive reinforcements.



It consists of techniques designed to modify, reduce, or eliminate inappropriate behavior that prevents or inhibits an individual's ability to participate in a less restrictive setting.



The plan establishes a baseline for each of a client's behaviors. Positive reinforcement and redirection is then used to systematically reduce the occurrence of each behavior.



VOCATIONAL TRAINING

The majority of adults with intellectual and developmental disabilities are either unemployed or underemployed, despite their ability, desire, and willingness to work in the community.

Our Vocational Training Program focuses on building the skills necessary to find real employment within the Community.



ONE STEP AHEAD



**CALL US TODAY!
(626) 794-4103**

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Pasadena, CA 91103
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ONE STEP AHEAD

**A DAY PROGRAM
FOR ADULTS WITH A
DEVELOPMENTAL DISABILITY**

*'Connecting Individuals
with their Community'*





MISSION STATEMENT

One Step Ahead is committed to providing a wide array of community and site based experiences that are meaningful and beneficial to the consumer.

The philosophical approach will be based on the principal of normalization, in an integrative context. If true development and skill acquisition is to occur, it is imperative to provide sufficient opportunities for practice in real life, natural environments, where it is impossible to control all variables, but where potential discriminative clues exist.

A variety of natural environments are necessary to maximize the opportunities for learning, thereby providing the context for people challenged with severe developmental disabilities to realize and reach their maximum potential.

Person-Centered Planning

Community Integration

Employment Preparation

Behavior Modification